

Notes from A Survivor's Journal

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The Last Resort:

Are you troubled about society, the Iraq War, or the way the country is heading? Here are four viable alternatives:

- 1) The Main Log Cabin –you could exile yourself in the woods in a large log cabin,
- 2) A Small Log Cabin-perhaps you will find a quiet retreat in a nice country cabin,
- 3) A Shed in Field- you can find lonely refuge in a deserted hideaway, or
- 4) A Mountain Resort- but if you have a family, you should escape to a large mountain resort.

Here are some of my other survivalist ideas - If you live in fear, and want to participate in a mass exodus from the cities, you may want to find haven in some sort of final sanctuary. The Rocky Mountains come to mind. If you are extremely affluent, there are enclaves for the ultraconservative and super rich. If not you could find solace in a backwoods farm or on a summit. Many survivalist groups are located in the Western United States particularly in Utah, Idaho, Nevada, and Washington State.

Digging Down:

On the other hand, here are four ways to be safe at home during the next big storm:

- 1) Fallout Shelters- You could buy a Safe Room at:F-5 Shelters.Com,
- 2) Hillside Shelters-You will find Hillside Reinforced Steel Shelters at: American Storm Shelters.Com,
- 3) Tornado Cellars and Sturdy Basement Shelters are available from: Storm Shelters of Northwest Florida.Com, or
- 4) Alternative Shelters-You will also find the latest new high-tech Shelters at: Safe Below.Com

The Philosopher's Corner:

Our" Reality

“Nature forever puts a premium on Reality. What is done for Effect, is seen to be done for Effect; what is done for Love, is felt to be done for Love.” **ANON.**

NATURE-

“To go into solitude, a man needs to retire as much from his chamber as from society. I am not solitary whilst I read and write, though nobody is with me. But if a man would be alone, let him look at the stars. The rays that come from those heavenly worlds will separate between him and what he touches. One might think that the atmosphere was made transparent with this design, to give man, in the heavenly bodies, the perpetual presence of the sublime.” **Ralph Waldo Emerson.** (1803-1882.)

“Most men, even in this comparatively free country, through mere ignorance and mistake, are so occupied with the factitious cares and superfluously coarse labors of life that its finer fruits cannot be plucked by them. Their fingers, from excessive toil, are too clumsy and tremble too much for that. Actually, the laboring man has not leisure for a true integrity day by day; he cannot afford to sustain the manliest relations to men; his labor would be depreciated in the market. He has no time to be anything but a machine.” **Henry David Thoreau.** (1817-1862.)

